

# Sixteen Tons

48 count, 4 wall, improver level

Choreographer: Colin Ghys & José Miguel Belloque Vane, January 2024

Choreographed to: "Sixteen Tons" by Tennessee Ernie Ford

Intro: 8 Counts, start at approx. 7 secs

Sequence: *AAB, AAB, AAB+, AA-, Pause, Ending*

## Part A

### Section 1 Cross, Point, Cross, Point, Jazzbox Cross

1 2 3 4 Cross right over left, point left to left, cross left over right, point right to right

5 6 7 8 Cross right over left, step left back, step right to right, cross left over right

### Section 2 Side-Heel, Hold, & Cross, Hold, 1/2 L Bounce Heels

&1 2 Step right to right, touch left heel forward to left diagonal, hold

&3 4 Step left beside right, cross right over left, hold

5 6 7 8 Turn 1/2 left bounce both heels 4 times

### Section 3 Step, Brush, Step, Brush, Step, 1/2 Pivot, Step, 1/4 Pivot

1 2 3 4 Step right forward, brush left forward, step left forward, brush right forward

5 6 7 8 Step right forward, pivot 1/2 (weight on to left), Step right forward, pivot 1/4 (weight on to left) (9:00)

### Section 4 Out-Out, Hold, L Hip Bump, Hold, Hip Bumps x4

&1 2 Step right to right, step left to left, hold

3 4 Bump hips left, hold

5 6 7 8 Bump hips right-left-right-left

## Part B

### Section 1 Cross, Back, Back, Cross, Back, Side, Drag, Flick

1 2 3 4 Cross right over left, step left back, step right back, cross left over right

5 6 7 8 Step right back, step left to left, drag right towards left, flick right behind left

### Section 2 Side, Flick, Side, Touch, Side, Touch, Side, Touch

1 2 Step right to right, flick left behind right

3 4 Step left to left, touch right beside left

5 6 7 8 Step right to right, touch left beside right, step left to left, touch right beside left

*B+* **Hold 2 counts before restarting with Part A**

*A-* **Dance until Part A Section 4 & 1 only (Out-Out)**

*Pause* **Hold for approx. 10 secs until the music restarts  
(optionally put your hands at the sides of your head and make a full circle with your head)**

*Ending* **Dance the Part B Section 1 and add Out-Out**

Quelle:

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